

Beer Crab Cake Balls

Yield: 26 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/west-indian-crab-cake-recipe>

Ingredients:

- crab cake Beer, Balls
- 1 cup panko bread crumbs
- 1/2 cup flour
- 1 1/2 teaspoons Old Bay Seasoning
- 1/2 teaspoon baking powder
- 1 pinch cayenne
- 1/2 cup Pale Ale
- 1/4 cup green onion chopped
- 1 yolk
- 1 large egg
- 2 tablespoons sour cream
- 2 teaspoons brown mustard
- 2 teaspoons hot sauce such as tapatio
- 1 pound lump crab meat drained well
- peanut oil for frying

Nutrition:

1. Calories: 40 calories
2. Carbohydrate: 3 grams
3. Cholesterol: 30 milligrams
4. Fat: 1.5 grams
5. Protein: 4 grams
6. Sodium: 75 milligrams

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