

Basic Corn Bread

Yield: 10 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/brazilian-corn-bread-recipe>

Ingredients:

- 1 1/2 cups all-purpose flour
- 1 1/2 cups cornmeal
- 2 tablespoons sugar
- 1 tablespoon baking powder
- 1 teaspoon salt
- 1 cup milk
- 1 cup sour cream
- 1/3 cup corn oil
- 1 egg lightly beaten

Nutrition:

1. Calories: 290 calories
2. Carbohydrate: 33 grams
3. Cholesterol: 35 milligrams
4. Fat: 14 grams
5. Fiber: 2 grams
6. Protein: 6 grams
7. SaturatedFat: 4 grams
8. Sodium: 440 milligrams
9. Sugar: 5 grams

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