

# Chocolate Chocolate Milkshake

Yield: 2 min  
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-cookbook-chocolate-milkshake-recipe>

## Ingredients:

- 2 cups chocolate ice cream premium quality
- 3 5/16 ounces chocolate candy bars dark, diced
- 1/2 cup whipped cream
- 1 tablespoon chocolate shavings for garnish, optional
- 1/4 cup whipped cream

## Nutrition:

1. Calories: 350 calories
2. Carbohydrate: 41 grams
3. Cholesterol: 60 milligrams
4. Fat: 20 grams
5. Fiber: 1 grams
6. Protein: 6 grams
7. SaturatedFat: 13 grams
8. Sodium: 130 milligrams
9. Sugar: 36 grams

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