

Broccoli Cornbread Squares

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-cookbook-broccoli-cornbread-recipe>

Ingredients:

- 10 ounces broccoli frozen, chopped
- 1/2 cup unsalted butter melted
- 1 medium yellow onion peeled and chopped
- 3 large eggs lightly beaten
- 1 cup small curd cottage cheese
- 1 teaspoon salt
- 8 1/2 ounces corn muffin mix like Jiffy

Nutrition:

1. Calories: 310 calories
2. Carbohydrate: 8 grams
3. Cholesterol: 205 milligrams
4. Fat: 26 grams
5. Fiber: 2 grams
6. Protein: 12 grams
7. SaturatedFat: 15 grams
8. Sodium: 770 milligrams
9. Sugar: 4 grams

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