

# Caramel Cookie Bars

Yield: 4 min  
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-chocolate-sea-salt-caramel-cookie-recipe>

## Ingredients:

- 1 cup salted butter softened
- 1 cup brown sugar
- 1 cup granulated sugar
- 1 egg
- 1 teaspoon vanilla extract
- 2 1/4 cups all purpose flour
- 1 teaspoon baking soda
- 1/2 teaspoon salt
- 2 cups chocolate chips /chopped chocolate use your favorite, I like a combination of milk and semi sweet
- 40 caramels Werther's Soft, this is 2 small packages
- 1/2 cup milk sweetened condensed
- sea salt optional

## Nutrition:

1. Calories: 1820 calories
2. Carbohydrate: 272 grams
3. Cholesterol: 185 milligrams
4. Fat: 82 grams
5. Fiber: 7 grams
6. Protein: 19 grams
7. SaturatedFat: 47 grams
8. Sodium: 1440 milligrams
9. Sugar: 200 grams

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