

Cookie Dough Nut Butter

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-chocolate-coconut-macadamia-nut-cookie-recipe>

Ingredients:

- 2 cups cashews raw
- 1/2 cup macadamia nuts raw unsalted, *
- 2 tablespoons coconut sugar *
- 2 tablespoons sucanat *
- 1/2 tablespoon cane sugar natural, *
- 1/2 tablespoon buttery spread non-dairy
- 1 1/2 teaspoons pure vanilla extract
- 1/8 teaspoon salt fine grain sea, or to taste
- 1/4 teaspoon canela
- 1/4 cup dairy mini, free chocolate chips, I used Enjoy Life brand
- 1/2 cup butter Cookie dough nut, from above*
- 2 tablespoons pure maple syrup
- 1/2 teaspoon vanilla extract
- 1/2 cup rolled oats
- 7/16 cup coconut sugar *
- 1/4 teaspoon salt fine grain sea, or to taste
- 3 1/2 tablespoons spelt flour all-purpose, or flour of choice
- 2 tablespoons coconut shredded unsweetened
- 3 tablespoons mini chocolate chips I used Enjoy Life brand
- 1/4 chips dark chocolate
- 1 teaspoon coconut oil

Nutrition:

1. Calories: 1200 calories
2. Carbohydrate: 81 grams
3. Cholesterol: 65 milligrams
4. Fat: 93 grams
5. Fiber: 7 grams

6. Protein: 24 grams
 7. SaturatedFat: 30 grams
 8. Sodium: 410 milligrams
 9. Sugar: 43 grams
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