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4-Ingredient Flourless Chocolate Chip Banana Bread

Yield: 10 min Total Time: 35 min

Recipe from: <u>https://www.recipeschoose.com/recipes/southern-living-chocolate-chip-banana-bread-recipe</u>

Ingredients:

- 1 1/2 pounds bananas ripe, about 4-5 medium bananas
- 2 cups old fashioned oats
- 1 cup crunchy peanut butter or creamy, or another nut butter such as almond butter
- 1 cup chocolate chips

Nutrition:

- 1. Calories: 410 calories
- 2. Carbohydrate: 52 grams
- 3. Fat: 20 grams
- 4. Fiber: 8 grams
- 5. Protein: 12 grams
- 6. SaturatedFat: 6 grams
- 7. Sodium: 180 milligrams
- 8. Sugar: 21 grams

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