

Instant Pot White Chicken Chili

Yield: 8 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/instant-pot-india-chicken-chili-recipe>

Ingredients:

- 2 tablespoons oil
- 2 pounds chicken thighs
- 1 onion diced
- 3 cloves garlic minced
- 1 cup chicken broth
- 30 ounces Great Northern beans undrained
- 15 ounces white corn drained
- 1 packet taco seasoning
- 4 1/2 ounces chopped green chilies, undrained
- 10 3/4 ounces condensed cream of chicken soup
- 1 cup sour cream
- shredded Monterey Jack cheese for topping
- jalapeno fresh, for topping for the ones that like a little more heat

Nutrition:

1. Calories: 560 calories
2. Carbohydrate: 39 grams
3. Cholesterol: 115 milligrams
4. Fat: 31 grams
5. Fiber: 10 grams
6. Protein: 33 grams
7. SaturatedFat: 10 grams
8. Sodium: 400 milligrams
9. Sugar: 4 grams

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