

# BBQ Tex-Mex Tostadas

Yield: 10 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-recipe-chicken-thights-and-bbq-beans>

## Ingredients:

- 1 1/2 pounds boneless, skinless, chicken thighs
- 2 tablespoons oil
- 1 packet fajita seasoning
- 1/2 cup ranch dressing
- 1/4 cup jalapeños sliced pickled
- 1 cup cilantro leaves
- 22 ounces beans Bush's Grillin', Steakhouse Recipe
- 10 tostada shells crispy
- 2 cups smoked cheddar cheese shredded
- shredded lettuce
- diced tomatoes

## Nutrition:

1. Calories: 230 calories
2. Carbohydrate: 13 grams
3. Cholesterol: 50 milligrams
4. Fat: 13 grams
5. Fiber: 3 grams
6. Protein: 17 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 250 milligrams
9. Sugar: 3 grams

---

Thank you for visiting our website. Hope you enjoy BBQ Tex-Mex Tostadas above. You can see more 17 southern living recipe chicken thights and bbq beans You must try them! to get more great cooking ideas.