

Copycat Chick Fil A Chicken Sandwich

Yield: 2 min
Total Time: 47 min

Recipe from: <https://www.recipeschoose.com/recipes/chick-fil-a-light-italian-dressing-recipe>

Ingredients:

- 2 boneless chicken breasts about 8 ounces each
- 1/4 cup pickle juice
- 1/4 cup water
- 2 eggs
- 1/2 cup milk whole or 2%
- 1 cup all-purpose flour
- 2 tablespoons confectioners sugar Note 1
- 2 tablespoons cornstarch
- 1 teaspoon paprika
- 1 teaspoon salt
- 1/2 teaspoon black pepper
- 1/2 teaspoon garlic powder
- oil
- cooking spray
- 2 hamburger buns
- 6 pickles
- fil optional
- sauce optional

Nutrition:

1. Calories: 1060 calories
2. Carbohydrate: 132 grams
3. Cholesterol: 365 milligrams
4. Fat: 28 grams
5. Fiber: 6 grams
6. Protein: 69 grams
7. SaturatedFat: 6 grams

8. Sodium: 3290 milligrams
 9. Sugar: 54 grams
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