

Candied Sweet Potato (???? Bás? Hóngsh?)

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-candied-sweet-potatoes-recipe>

Ingredients:

- 9/16 pound sweet potatoes
- 7 11/16 tablespoons rock candy
- 2 1/4 cups cooking oil

Nutrition:

1. Calories: 1280 calories
2. Carbohydrate: 28 grams
3. Cholesterol: 5 milligrams
4. Fat: 131 grams
5. Fiber: 2 grams
6. Protein: 3 grams
7. SaturatedFat: 11 grams
8. Sodium: 95 milligrams
9. Sugar: 15 grams

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