

# Hash Brown Patties

Yield: 4 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-brunch-punch-recipe>

## Ingredients:

- 1 large egg lightly beaten
- 3/4 teaspoon kosher salt
- 1/2 teaspoon garlic powder
- 1/2 teaspoon paprika
- 1/4 teaspoon black pepper
- 1 pound frozen shredded hash browns pkg.
- 2 ounces shredded mild cheddar cheese pre-, about 1/2 cup
- 2 tablespoons all purpose flour
- 1/4 cup canola oil

## Nutrition:

1. Calories: 210 calories
2. Carbohydrate: 4 grams
3. Cholesterol: 70 milligrams
4. Fat: 20 grams
5. Protein: 6 grams
6. SaturatedFat: 4.5 grams
7. Sodium: 560 milligrams

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