

No-Bake Brown Butter Quinoa Bars

Yield: 6 min
Total Time: 150 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-brown-butter-chocolate-chip-cookie-recipe>

Ingredients:

- 1 1/4 cups old-fashioned rolled oats
- 1 cup cooked quinoa cooled
- 1 cup raw almonds coarsely chopped
- 1/2 cup ground flaxseed
- 1/4 teaspoon salt
- 1/3 cup honey
- 1/4 cup brown butter unsalted, lightly cooled
- 1 teaspoon vanilla extract
- 3/4 cup chocolate chips

Nutrition:

1. Calories: 470 calories
2. Carbohydrate: 56 grams
3. Fat: 26 grams
4. Fiber: 10 grams
5. Protein: 12 grams
6. SaturatedFat: 5 grams
7. Sodium: 110 milligrams
8. Sugar: 28 grams

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