

Creamy Boursin Chicken

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-boursin-cheese-recipe>

Ingredients:

- 2 tablespoons avocado oil
- 4 chicken breasts approximately 2 pounds
- salt unchecked?, to taste
- freshly cracked black pepper unchecked?, to taste
- 1/2 cup dry white wine or 1/2 cup chicken broth
- 1 cup chicken broth
- 5 1/4 ounces Boursin cheese wheel, any flavor, cut into 4 or 6 pieces
- 1 tablespoon chopped chives optional

Nutrition:

1. Calories: 190 calories
2. Carbohydrate: 3 grams
3. Cholesterol: 25 milligrams
4. Fat: 16 grams
5. Protein: 5 grams
6. SaturatedFat: 6 grams
7. Sodium: 340 milligrams
8. Sugar: 1 grams

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