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Easy Biscuits and Gravy

Yield: 8 min Total Time: 25 min

Recipe from: https://www.recipeschoose.com/recipes/italian-sausage-and-biscuit-recipe

Ingredients:

- 12 ounces breakfast sausage
- 1 can biscuits Grands biscuits
- 2 cups whole milk
- 5 tablespoons flour
- 1/2 teaspoon seasoned salt
- freshly ground black pepper to taste

Nutrition:

- 1. Calories: 280 calories
- 2. Carbohydrate: 36 grams
- 3. Cholesterol: 5 milligrams
- 4. Fat: 12 grams
- 5. Fiber: 1 grams
- 6. Protein: 6 grams
- 7. SaturatedFat: 2.5 grams
- 8. Sodium: 660 milligrams
- 9. Sugar: 5 grams

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