

The Best Potato Soup

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-best-potato-soup-recipe>

Ingredients:

- 1 onion large, diced
- 1/2 cup sliced carrots thinly
- 1 pound bacon chopped
- 2 stalks celery diced
- 3 cloves garlic minced
- 8 potatoes peeled and cubed
- 4 cups chicken broth or enough to cover potatoes
- 3 tablespoons butter
- 3 tablespoons flour
- 1 cup heavy cream or half and half
- 1 teaspoon dried tarragon
- 1/3 cup kale can use frozen thawed Kale as well, stems remove and chopped fine
- salt
- pepper

Nutrition:

1. Calories: 1230 calories
2. Carbohydrate: 85 grams
3. Cholesterol: 200 milligrams
4. Fat: 89 grams
5. Fiber: 11 grams
6. Protein: 30 grams
7. SaturatedFat: 39 grams
8. Sodium: 1350 milligrams
9. Sugar: 6 grams

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