

The BEST Carrot Cake

Yield: 12 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-best-carrot-cake-ever-recipe>

Ingredients:

- 1 1/2 cups avocado oil or you can use vegetable oil or canola oil
- 1 cup granulated sugar
- 1 cup brown sugar
- 6 eggs
- 1 tablespoon vanilla extract
- 3 1/4 cups flour
- 1 tablespoon ground cinnamon
- 2 teaspoons baking soda
- 2 teaspoons salt
- 1 teaspoon baking powder
- 1/2 teaspoon ground nutmeg
- 1 pinch ground cloves
- 1 pound carrots finely-grated* fresh
- 1 cup chopped pecans optional
- 1/2 cup raisins optional
- 24 ounces cream cheese bricks, room temperature
- 1 cup unsalted butter room temperature
- 1 tablespoon vanilla extract
- 1/2 teaspoon salt
- 6 cups powdered sugar or more if needed to thicken

Nutrition:

1. Calories: 1180 calories
2. Carbohydrate: 127 grams
3. Cholesterol: 210 milligrams
4. Fat: 72 grams
5. Fiber: 4 grams
6. Protein: 12 grams
7. SaturatedFat: 25 grams

8. Sodium: 1000 milligrams
 9. Sugar: 95 grams
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