

# BBQ Brisket Sandwiches

Yield: 4 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-bbq-brisket-recipe>

## Ingredients:

- 1/2 cup barbecue sauce
- 2 cups brisket sliced or shredded braised
- 4 crusty sandwich rolls sliced in half

## Nutrition:

1. Calories: 250 calories
2. Carbohydrate: 33 grams
3. Cholesterol: 30 milligrams
4. Fat: 5 grams
5. Fiber: 1 grams
6. Protein: 15 grams
7. SaturatedFat: 2 grams
8. Sodium: 590 milligrams
9. Sugar: 11 grams

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