

Barbecue Shrimp Mango Salad

Yield: 4 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-magazine-barbecue-shrimp-recipe>

Ingredients:

- 2 cups barbecue sauce
- 1 fresh lemon
- 1 fresh lime
- 1 teaspoon seasoning chipotle
- 1 teaspoon onion powder
- 20 shrimp peeled and deveined
- 3 mangos
- 1 avocado large
- 2 cups frozen corn
- 3 Roma tomatoes
- 2 cups pineapple chunks
- 2 cups cucumbers chopped
- 1 head romaine lettuce
- 2 cups white rice uncooked
- 4 cups coconut milk

Nutrition:

1. Calories: 1440 calories
2. Carbohydrate: 201 grams
3. Cholesterol: 45 milligrams
4. Fat: 67 grams
5. Fiber: 22 grams
6. Protein: 25 grams
7. SaturatedFat: 51 grams
8. Sodium: 1460 milligrams
9. Sugar: 80 grams

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