

# Banana Muffin

Yield: 12 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/banana-muffin-recipe-indian>

## Ingredients:

- 1 stick butter 1/2 cup, softened
- 1/2 cup sugar
- 3 bananas ripe
- 1 teaspoon vanilla
- 1 teaspoon baking soda
- 1/2 teaspoon salt
- 1 1/2 cups flour
- 1/2 cup milk

## Nutrition:

1. Calories: 190 calories
2. Carbohydrate: 28 grams
3. Cholesterol: 20 milligrams
4. Fat: 8 grams
5. Fiber: 1 grams
6. Protein: 2 grams
7. SaturatedFat: 5 grams
8. Sodium: 270 milligrams
9. Sugar: 13 grams

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