

# Basic Banana Loaf

Yield: 4 min  
Total Time: 90 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-banana-loaf-recipe>

## Ingredients:

- 1/2 cup margarine or butter
- 1 cup sugar
- 2 eggs
- 1 cup banana equals about 3 medium bananas
- 2 cups flour
- 1 teaspoon baking soda
- 1/2 teaspoon baking powder
- 1/2 teaspoon salt
- 1 teaspoon vanilla

## Nutrition:

1. Calories: 690 calories
2. Carbohydrate: 107 grams
3. Cholesterol: 105 milligrams
4. Fat: 26 grams
5. Fiber: 3 grams
6. Protein: 10 grams
7. SaturatedFat: 5 grams
8. Sodium: 900 milligrams
9. Sugar: 55 grams
10. TransFat: 4 grams

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