

Baklava

Yield: 40 min
Total Time: 90 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-baklava-recipe-pistachio>

Ingredients:

- 1 pound walnuts coarsely ground, plus more for garnish
- 1/2 teaspoon ground cinnamon
- 1 cup panko breadcrumbs
- 4 sticks unsalted butter melted
- 16 sheets phyllo dough not frozen, cut in half
- 3 cups granulated sugar
- 8 ounces honey
- 2 tablespoons lemon juice
- baklava Read more at: <http://www.foodnetwork.com/recipes/michael-simon/recipe.html?oc=linkback>

Nutrition:

1. Calories: 260 calories
2. Carbohydrate: 26 grams
3. Cholesterol: 25 milligrams
4. Fat: 17 grams
5. Fiber: 1 grams
6. Protein: 2 grams
7. SaturatedFat: 7 grams
8. Sodium: 40 milligrams
9. Sugar: 20 grams

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