

Loaded Baked Potato Soup

Yield: 7 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/baked-potato-soup-recipe-southern-living-magazine>

Ingredients:

- 3 pounds yukon gold potatoes small
- 2/3 cup all-purpose flour
- 6 cups low-fat milk
- 1 cup shredded cheddar cheese divided
- 1 teaspoon salt
- 1/2 teaspoon black pepper
- 1 cup reduced-fat sour cream
- 1 cup green onions chopped, divided
- 6 bacon slices cooked & crumbled
- salt to taste

Nutrition:

1. Calories: 410 calories
2. Carbohydrate: 46 grams
3. Cholesterol: 45 milligrams
4. Fat: 15 grams
5. Fiber: 7 grams
6. Protein: 21 grams
7. SaturatedFat: 10 grams
8. Sodium: 740 milligrams
9. Sugar: 11 grams

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