

Apple Pound Cake

Yield: 4 min
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-living-apple-pound-cake-recipe>

Ingredients:

- 2 cups sugar
- 1 1/2 cups vegetable oil
- 3 eggs
- 3 cups all purpose flour
- 1 teaspoon baking soda
- 1 teaspoon salt
- 1 1/2 teaspoons vanilla
- 3 cups diced apple peeled and
- 3/4 cup flaked coconut
- 1 cup black walnuts chopped

Nutrition:

1. Calories: 1820 calories
2. Carbohydrate: 196 grams
3. Cholesterol: 160 milligrams
4. Fat: 109 grams
5. Fiber: 8 grams
6. Protein: 22 grams
7. SaturatedFat: 12 grams
8. Sodium: 1010 milligrams
9. Sugar: 116 grams
10. TransFat: 2.5 grams

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