

# Chopped Apple Cake

Yield: 4 min  
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/marks-and-spencer-norwegian-apple-cake-recipe>

## Ingredients:

- 1 1/2 cups flour
- 3/4 teaspoon baking soda
- 1 teaspoon kosher salt
- 1/2 teaspoon cinnamon
- 1/4 teaspoon nutmeg
- 3/4 cup sugar
- 3/4 cup oil I used canola and walnut
- 2 eggs
- 1/2 teaspoon vanilla
- 2 cups apples peeled and chopped, about 2 medium

## Nutrition:

1. Calories: 760 calories
2. Carbohydrate: 83 grams
3. Cholesterol: 105 milligrams
4. Fat: 45 grams
5. Fiber: 3 grams
6. Protein: 8 grams
7. SaturatedFat: 4 grams
8. Sodium: 870 milligrams
9. Sugar: 44 grams

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