

# Cajun Black Eyed Pea and Lentil Stuffed Collard Greens

Yield: 5 min  
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-lentils-recipe>

## Ingredients:

- 8 collard leaves large
- 1 cup lentils cooked
- 2 cups black-eyed peas cooked
- 1 diced onion divided
- 3 garlic cloves minced, divided
- 1 green pepper diced
- 2 celery ribs, diced
- 28 ounces crushed tomatoes
- 2 teaspoons Cajun seasoning
- 5 dashes liquid smoke
- 4 tablespoons water for sautéing
- salt
- pepper

## Nutrition:

1. Calories: 330 calories
2. Carbohydrate: 60 grams
3. Fat: 1 grams
4. Fiber: 17 grams
5. Protein: 22 grams
6. Sodium: 400 milligrams
7. Sugar: 3 grams

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