

Lemon Pepper Chicken Wings

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-chicken-wings-recipe-sanjeev-kapoor>

Ingredients:

- 2 pounds chicken wings
- 1/4 cup lemon juice
- 1 teaspoon Old Bay Seasoning
- 2 teaspoons garlic powder
- 2 teaspoons onion powder
- 2 teaspoons lemon pepper
- 1 1/2 cups all purpose flour
- 1 teaspoon parsley flakes dried, optional
- oil * enough, to deep fry in

Nutrition:

1. Calories: 730 calories
2. Carbohydrate: 40 grams
3. Cholesterol: 175 milligrams
4. Fat: 42 grams
5. Fiber: 2 grams
6. Protein: 46 grams
7. SaturatedFat: 9 grams
8. Sodium: 170 milligrams

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