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Honey Ham Flatbread Pizza

Yield: 4 min Total Time: 40 min

Recipe from: https://www.recipeschoose.com/recipes/southern-honey-ham-recipe

Ingredients:

- pizza crust Prepared flatbread
- honey ham
- white cheddar
- 1 onion caramelized
- honey
- arugula

Nutrition:

Calories: 60 calories
Carbohydrate: 7 grams
Cholesterol: 10 milligrams

4. Fat: 2.5 grams5. Fiber: 1 grams6. Protein: 4 grams

7. SaturatedFat: 1.5 grams8. Sodium: 190 milligrams

9. Sugar: 4 grams

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