

Honey BBQ Chicken Wings

Yield: 4 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-honey-bbq-wings-recipe>

Ingredients:

- 4 pounds chicken wings separated at the joint, wing tips discarded
- bbq sauce Honey
- 1 cup ketchup
- 1 cup white vinegar
- 1/2 cup molasses
- 1/2 cup honey
- 1 teaspoon liquid smoke
- 1/2 teaspoon salt
- 1/4 teaspoon ground black pepper
- 1/4 teaspoon garlic powder
- 1/4 teaspoon onion powder
- 1/4 teaspoon Tabasco Sauce

Nutrition:

1. Calories: 1340 calories
2. Carbohydrate: 83 grams
3. Cholesterol: 350 milligrams
4. Fat: 73 grams
5. Protein: 83 grams
6. SaturatedFat: 18 grams
7. Sodium: 1370 milligrams
8. Sugar: 73 grams

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