

Southern Hoecakes

Yield: 8 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-hoecakes-recipe>

Ingredients:

- 1 cup flour self-rising
- 1 cup cornmeal buttermilk, self-rising
- 1 cup fresh corn cut off the cob
- 1 pinch salt
- 1 pinch pepper
- 1 tablespoon sugar
- 4 tablespoons butter melted
- 1 cup buttermilk
- 1 egg
- butter for griddle

Nutrition:

1. Calories: 240 calories
2. Carbohydrate: 30 grams
3. Cholesterol: 50 milligrams
4. Fat: 11 grams
5. Fiber: 2 grams
6. Protein: 6 grams
7. SaturatedFat: 6 grams
8. Sodium: 140 milligrams
9. Sugar: 4 grams

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