

Hamburger Steak with Onion & Mushroom Gravy

Yield: 4 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-hamburger-steaks-with-onion-mushroom-gravy-recipe>

Ingredients:

- 3 teaspoons extra virgin olive oil
- 1 teaspoon butter
- 1 pound ground sirloin
- kosher salt
- freshly ground pepper
- 1 large white onion vertically sliced, about 1 1/2 cups
- 1 cup sliced mushrooms like baby portobellos
- 5 cloves garlic
- 1 tablespoon all-purpose flour
- 1 1/2 cups low sodium beef stock
- 1 teaspoon red wine vinegar
- mashed potatoes make 'em with roasted garlic and buttermilk for extra deliciousness

Nutrition:

1. Calories: 310 calories
2. Carbohydrate: 12 grams
3. Cholesterol: 80 milligrams
4. Fat: 17 grams
5. Fiber: 2 grams
6. Protein: 26 grams
7. SaturatedFat: 6 grams
8. Sodium: 580 milligrams
9. Sugar: 2 grams
10. TransFat: 1 grams

Thank you for visiting our website. Hope you enjoy Hamburger Steak with Onion & Mushroom Gravy above. You can see more 18 southern hamburger steaks with onion mushroom gravy recipe You won't believe the taste! to get more great cooking ideas.