

# Cornbread Chili Pie

Yield: 4 min  
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-hamburger-chili-recipe>

## Ingredients:

- 1 pound ground beef
- 1/2 cup chopped onion
- 15 ounces diced tomatoes
- 1 teaspoon Worcestershire sauce
- 2 teaspoons chili powder
- 15 ounces ranch Style Red Beans
- salt
- black pepper
- 1/2 cup yellow cornmeal
- 1/2 cup flour
- 1 tablespoon sugar
- 1/2 teaspoon baking powder
- 1/4 teaspoon salt
- 1 egg
- 1 tablespoon melted butter
- 1/2 cup milk
- 1 pound hamburger meat ground
- 1/2 cup onion chopped
- 15 ounces diced tomatoes
- 1 teaspoon Worcestershire sauce
- 2 teaspoons chili powder
- 15 ounces ranch style red beans
- salt
- black pepper
- 1/2 cup cornmeal
- 1/2 cup flour
- 1 tablespoon sugar
- 1/2 teaspoon baking powder
- 1/4 teaspoon salt
- 1 egg
- 1 tablespoon butter melted
- 1/2 cup milk

## **Nutrition:**

1. Calories: 1990 calories
2. Carbohydrate: 93 grams
3. Cholesterol: 350 milligrams
4. Fat: 154 grams
5. Fiber: 10 grams
6. Protein: 61 grams
7. SaturatedFat: 36 grams
8. Sodium: 2880 milligrams
9. Sugar: 24 grams
10. TransFat: 2.5 grams

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