

Cornmeal Griddle Cakes

Yield: 120 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-griddle-cakes-recipe>

Ingredients:

- 2 cups yellow cornmeal or white
- 2 teaspoons baking powder
- 1 teaspoon fine sea salt
- 1 large egg lightly beaten
- 1 cup water plus more if needed
- 1/3 cup vegetable oil mild-flavored, for frying

Nutrition:

1. Calories: 15 calories
2. Carbohydrate: 2 grams
3. Cholesterol: 5 milligrams
4. Fat: 0.5 grams
5. Sodium: 30 milligrams

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