

Southern Style Mustard Greens

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-giant-curled-mustard-greens-recipe>

Ingredients:

- 1/2 pound bacon 1/2-inch dice, crispy
- 2 tablespoons bacon grease
- 2 bunches mustard greens Stems, 1/4-inch dice. Greens large rough chopped
- 2 tablespoons brown mustard
- 1 cup onion 1/4-inch dice
- 2 teaspoons garlic Crushed and chopped
- 1 teaspoon salt
- 1/2 teaspoon red pepper flakes
- 2 tablespoons white wine vinegar

Nutrition:

1. Calories: 340 calories
2. Carbohydrate: 5 grams
3. Cholesterol: 45 milligrams
4. Fat: 32 grams
5. Fiber: 1 grams
6. Protein: 7 grams
7. SaturatedFat: 11 grams
8. Sodium: 1080 milligrams
9. Sugar: 2 grams

Thank you for visiting our website. Hope you enjoy Southern Style Mustard Greens above. You can see more 20 southern giant curled mustard greens recipe Ignite your passion for cooking! to get more great cooking ideas.