

Cajun Southern Fried Corn

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-fried-sweet-corn-recipe>

Ingredients:

- 6 ears sweet corn
- 8 tablespoons butter I use salted
- 1 cup chicken stock preferably homemade
- 1 teaspoon Cajun seasoning or to taste I use an unsalted blend
- 1/4 teaspoon smoked paprika
- 1/8 teaspoon cayenne
- 2 tablespoons heavy cream optional
- kosher salt
- cracked black pepper

Nutrition:

1. Calories: 260 calories
2. Carbohydrate: 3 grams
3. Cholesterol: 75 milligrams
4. Fat: 27 grams
5. Protein: 2 grams
6. SaturatedFat: 17 grams
7. Sodium: 450 milligrams
8. Sugar: 1 grams

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