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## Chicken Club Pasta Salad

Yield: 6 min Total Time: 30 min

Recipe from: <a href="https://www.recipeschoose.com/recipes/southern-fried-buttermilk-chicken-with-tomato-salsa-recipe">https://www.recipeschoose.com/recipes/southern-fried-buttermilk-chicken-with-tomato-salsa-recipe</a>

## **Ingredients:**

- 8 ounces pasta I used shells
- 8 slices bacon cooked & drained
- 2 cups chicken cooked chopped
- 1/2 avocado diced
- 1 tomato seeded & diced
- 1/2 cup cheddar cheese cubed
- 1/2 cup buttermilk
- 1/2 cup mayonnaise
- 1/2 cup sour cream
- 1 tablespoon chives
- 1 tablespoon fresh dill
- 1 tablespoon fresh parsley
- 1 teaspoon onion powder
- 1 teaspoon garlic powder
- black pepper
- salt

## **Nutrition:**

Calories: 600 calories
Carbohydrate: 39 grams
Cholesterol: 100 milligrams

4. Fat: 36 grams5. Fiber: 3 grams6. Protein: 29 grams

7. SaturatedFat: 12 grams8. Sodium: 730 milligrams

9. Sugar: 5 grams

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