

# Southern Fried Apple

Yield: 5 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-fried-apple-recipe-with-brown-sugar>

## Ingredients:

- 1/4 cup butter
- 4 Granny Smith apples medium, peeled, cored & sliced
- 1 teaspoon lemon juice
- 1/4 cup sugar
- 1/4 cup brown sugar
- 2 teaspoons cinnamon

## Nutrition:

1. Calories: 230 calories
2. Carbohydrate: 38 grams
3. Cholesterol: 25 milligrams
4. Fat: 9 grams
5. Fiber: 3 grams
6. SaturatedFat: 6 grams
7. Sodium: 70 milligrams
8. Sugar: 32 grams

---

Thank you for visiting our website. Hope you enjoy Southern Fried Apple above. You can see more 18 southern fried apple recipe with brown sugar They're simply irresistible! to get more great cooking ideas.