

Fish And Chips

Yield: 4 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/turkish-vegetable-seasoning-recipe>

Ingredients:

- 3 pounds white flesh fish boneless, cod, snapper, haddock, grouper
- 1 cup lemon juice
- 1 tablespoon Worcestershire sauce
- 1/4 teaspoon salt
- 1/4 teaspoon white pepper
- 2 tablespoons vegetable seasoning
- chips French fries, fresh or frozen, cooked
- malt vinegar
- 3/4 cup cornstarch
- 2 2/3 cups flour
- 1 teaspoon salt
- 3 teaspoons sugar
- 1/8 teaspoon white pepper
- 1 3/4 cups water
- 2 egg yolks
- 1/3 cup beer flat
- 2 teaspoons baking powder

Nutrition:

1. Calories: 510 calories
2. Carbohydrate: 103 grams
3. Cholesterol: 105 milligrams
4. Fat: 6 grams
5. Fiber: 3 grams
6. Protein: 10 grams
7. SaturatedFat: 1 grams
8. Sodium: 1100 milligrams
9. Sugar: 6 grams

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