

Southern Egg Pie

Yield: 8 min

Total Time: 145 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-egg-pie-recipe>

Ingredients:

- 1 1/4 cups all-purpose flour
- 1 teaspoon granulated sugar
- 1/2 teaspoon salt
- 1/2 cup unsalted butter very cold, cut in cubes
- 1/4 cup cold water up to 1/3 cup
- 1 cup whole milk room temp
- 4 tablespoons salted butter
- 3 large eggs room temperature
- 1 cup granulated sugar
- 1 tablespoon all-purpose flour up to 1 1/2 tbsps to thicken
- 1 1/2 teaspoons vanilla extract
- 1/4 teaspoon ground nutmeg

Nutrition:

1. Calories: 380 calories
2. Carbohydrate: 43 grams
3. Cholesterol: 130 milligrams
4. Fat: 20 grams
5. Fiber: 1 grams
6. Protein: 6 grams
7. SaturatedFat: 12 grams
8. Sodium: 230 milligrams
9. Sugar: 28 grams

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