

Southern Instant Pot Pork Chops

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-lady-pork-chops-applesauce-recipe>

Ingredients:

- 2 pounds pork chops See Note 1
- 1 teaspoon salt divided
- 2 teaspoons black pepper divided
- 6 slices bacon cut into 1/2 inch pieces, See Note 2
- 1 large white onion chopped
- 3 garlic cloves minced
- 2 teaspoons fresh thyme chopped
- 1 cup chicken broth
- 2 tablespoons soy sauce
- 1/2 teaspoon Tabasco or favorite hot sauce
- 2 tablespoons cornstarch
- 1/4 cup water
- 1/4 cup apple cider vinegar
- 1/4 cup fresh parsley chopped
- 1 pound egg noodles

Nutrition:

1. Calories: 960 calories
2. Carbohydrate: 90 grams
3. Cholesterol: 235 milligrams
4. Fat: 33 grams
5. Fiber: 4 grams
6. Protein: 71 grams
7. SaturatedFat: 10 grams
8. Sodium: 1950 milligrams
9. Sugar: 4 grams

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