

Southern Sweet Potato Pie (SECRET INGREDIENT)

Yield: 4 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-egg-nog-recipe>

Ingredients:

- 4 pounds yams pick the dark skinned yams
- 4 tablespoons butter melted
- 3/4 cup evaporated milk carnation milk
- 1/2 teaspoon canela
- 1/2 teaspoon pumpkin spice
- 1/2 teaspoon all spice
- 1 teaspoon pure vanilla extract vanilla bean paste
- 3/4 cup white sugar plus 1 tbsp
- 1/2 cup egg nog my secret ingredient optional but recommended
- 2 eggs lightly beaten

Nutrition:

1. Calories: 920 calories
2. Carbohydrate: 173 grams
3. Cholesterol: 170 milligrams
4. Fat: 19 grams
5. Fiber: 18 grams
6. Protein: 17 grams
7. SaturatedFat: 11 grams
8. Sodium: 230 milligrams
9. Sugar: 45 grams

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