

Creamy Classic Mashed Potatoes

Yield: 9 min
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-creamy-mashed-potatoes-recipe>

Ingredients:

- 5 pounds russet potatoes peeled and sliced into 1" pieces
- 2 1/2 teaspoons sea salt
- 1/2 teaspoon cracked black pepper fresh
- 1 stick salted butter cut into small cubes
- 1 1/2 cups heavy cream heated
- mashed potatoes Note: For really creamy smooth, use:
- potato Ricer - presses the potatoes through a screen with holes and creates a smooth creamy consistency of the mashed potatoes.

Nutrition:

1. Calories: 480 calories
2. Carbohydrate: 51 grams
3. Cholesterol: 95 milligrams
4. Fat: 28 grams
5. Fiber: 3 grams
6. Protein: 7 grams
7. SaturatedFat: 18 grams
8. Sodium: 790 milligrams
9. Sugar: 3 grams

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