

# Perfect Creamy Macaroni and Cheese

Yield: 4 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/creamy-mac-and-cheese-recipe-south-africa>

## Ingredients:

- 8 ounces macaroni 1 2/3 cups measured in a 2 cup glass liquid measure. Note that this measure will only work for macaroni and probably...
- 1/4 cup butter
- 1/3 cup all-purpose flour
- 3 cups whole milk recommend whole milk here you can, 3%
- 7 ounces cheddar cheese Good aged white crumbly, crumbled
- 3 ounces cheddar cheese Another variety orange sharp, or cold-packed cheddar, grated or crumbled
- 1/2 teaspoon kosher salt little less if using table salt
- 1/4 teaspoon chili powder regular
- 1/8 teaspoon garlic powder
- 1/2 ounce cheddar cheese Additional old, grated grated
- 1/4 teaspoon chili powder chipotle

## Nutrition:

1. Calories: 760 calories
2. Carbohydrate: 61 grams
3. Cholesterol: 125 milligrams
4. Fat: 43 grams
5. Fiber: 2 grams
6. Protein: 33 grams
7. SaturatedFat: 27 grams
8. Sodium: 930 milligrams
9. Sugar: 12 grams

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