

# Crawfish Fettuccine I

Yield: 8 min  
Total Time: 90 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-crawfish-fettuccine-recipe>

## Ingredients:

- 6 tablespoons butter
- 1 onion large, chopped
- 1 green bell pepper chopped
- 3 stalks celery chopped
- 1 clove garlic minced
- 1 tablespoon all-purpose flour
- 1 pound crawfish peeled, tails
- 8 ounces processed cheese food
- 1 cup cream half-and-half
- 2 teaspoons Cajun seasoning
- 1 pinch cayenne pepper or to taste
- 1 pound fettuccine pasta
- 1/2 cup grated Parmesan cheese

## Nutrition:

1. Calories: 490 calories
2. Carbohydrate: 49 grams
3. Cholesterol: 125 milligrams
4. Fat: 21 grams
5. Fiber: 2 grams
6. Protein: 27 grams
7. SaturatedFat: 12 grams
8. Sodium: 620 milligrams
9. Sugar: 3 grams

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