

Country Fried Steak with Creamy Gravy

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-country-fried-cube-steak-recipe>

Ingredients:

- 16 ounces cube steaks each
- 2 cups buttermilk
- salt to taste for seasoning meat
- pepper to taste for seasoning meat
- 1 egg
- 3/4 cup flour
- 1/4 cup corn starch
- 1 tablespoon baking powder
- 1 teaspoon salt
- 1 teaspoon garlic powder
- 1 teaspoon onion powder
- 1 teaspoon paprika
- 1/2 teaspoon pepper
- 1/4 teaspoon cayenne pepper
- canola oil
- 2 tablespoons pan drippings
- 2 tablespoons flour reserved from flour coating
- 2 cups milk
- salt
- pepper

Nutrition:

1. Calories: 720 calories
2. Carbohydrate: 48 grams
3. Cholesterol: 155 milligrams
4. Fat: 43 grams
5. Fiber: 3 grams

6. Protein: 35 grams
 7. SaturatedFat: 17 grams
 8. Sodium: 1670 milligrams
 9. Sugar: 14 grams
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