

Southern Corn Relish

Yield: 64 min
Total Time: 110 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-corn-relish-recipe>

Ingredients:

- 3 pounds Roma tomatoes
- 10 cups frozen corn
- 2 green bell peppers large, seeds discarded, finely diced
- 2 red bell peppers large, seeds discarded, finely chopped
- 2 large white onions finely diced
- 6 jalapeno peppers large, finely diced, remove and discard seeds for non-spicy option
- 1 cup white sugar
- 1 cup white vinegar
- 1 cup cider vinegar
- 4 tablespoons tomato paste
- 1 tablespoon pickling salt
- 2 tablespoons mustard seeds

Nutrition:

1. Calories: 35 calories
2. Carbohydrate: 8 grams
3. Fiber: 1 grams
4. Protein: 1 grams
5. Sodium: 120 milligrams
6. Sugar: 5 grams

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