

Lobster Bisque

Yield: 6 min
Total Time: 27 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-lobster-bisque-recipe>

Ingredients:

- 1 stick butter
- 1 medium onion chopped
- 3/4 cup flour
- 14 1/2 ounces chicken broth cans
- 3/4 cup dry sherry
- 3 pounds lobsters cooked and meat removed or 15 ounce can of lobster meat
- 1 bay leaf large
- 2 tablespoons tomato paste
- 3 cups light cream or heavy cream
- salt
- pepper

Nutrition:

1. Calories: 670 calories
2. Carbohydrate: 25 grams
3. Cholesterol: 335 milligrams
4. Fat: 41 grams
5. Fiber: 2 grams
6. Protein: 51 grams
7. SaturatedFat: 24 grams
8. Sodium: 1210 milligrams
9. Sugar: 2 grams

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