

Not your Grandma's collard greens

Yield: 7 min
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-rice-collards-yam-recipe>

Ingredients:

- 3 bunches collards about 3 pounds
- 1 yellow onion medium, diced
- 4 cloves garlic minced
- 1 carrot peeled and diced
- 2 tablespoons olive oil
- 2 tomatoes peeled and diced or 1 14 oz. can of diced tomatoes
- 2 chipotle peppers in adobo, chopped
- 1/4 cup smooth peanut butter
- 1 tablespoon apple cider vinegar
- hot pepper sauce such as Tabasco, for serving

Nutrition:

1. Calories: 110 calories
2. Carbohydrate: 7 grams
3. Fat: 9 grams
4. Fiber: 2 grams
5. Protein: 3 grams
6. SaturatedFat: 1.5 grams
7. Sodium: 130 milligrams
8. Sugar: 4 grams

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