

Southern Collards & Cabbage Mixed Greens

Yield: 14 min
Total Time: 175 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-collards-recipe-with-bacon>

Ingredients:

- 2 bunches collard greens {about 2 to 2 & 1/2 pounds total}
- 1 small cabbage {about 1 1/2 pounds}
- 1 tablespoon olive oil or canola oil
- 4 slices bacon chopped
- 1 large onion chopped
- 4 cups chicken broth
- 2 teaspoons granulated sugar
- 2 teaspoons salt
- 1 pinch crushed red pepper flakes {optional}

Nutrition:

1. Calories: 90 calories
2. Carbohydrate: 7 grams
3. Cholesterol: 5 milligrams
4. Fat: 5 grams
5. Fiber: 3 grams
6. Protein: 4 grams
7. SaturatedFat: 1.5 grams
8. Sodium: 440 milligrams
9. Sugar: 1 grams

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