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Sugar-Free Coleslaw with Agave Nectar

Yield: 4 min Total Time: 25 min

Recipe from: https://www.recipeschoose.com/recipes/southern-coleslaw-recipe-with-mayo-celery-seed

Ingredients:

- 16 ounces coleslaw mix
- 1 head cabbage sliced thinly and a small amount grated carrot
- 1/3 cup finely chopped onion
- 3/4 cup mayo or light mayo
- 1/4 cup buttermilk can use milk
- 1 1/2 tablespoons white vinegar
- 1 tablespoon lemon juice
- 1 1/2 teaspoons onion powder
- 1/2 teaspoon celery seed or more
- 1/2 teaspoon salt Vege-Sal or pinch of
- 3 tablespoons light agave nectar

Nutrition:

Calories: 320 calories
Carbohydrate: 43 grams
Cholesterol: 15 milligrams

4. Fat: 15 grams5. Fiber: 7 grams6. Protein: 5 grams

7. SaturatedFat: 2.5 grams8. Sodium: 680 milligrams

9. Sugar: 16 grams

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